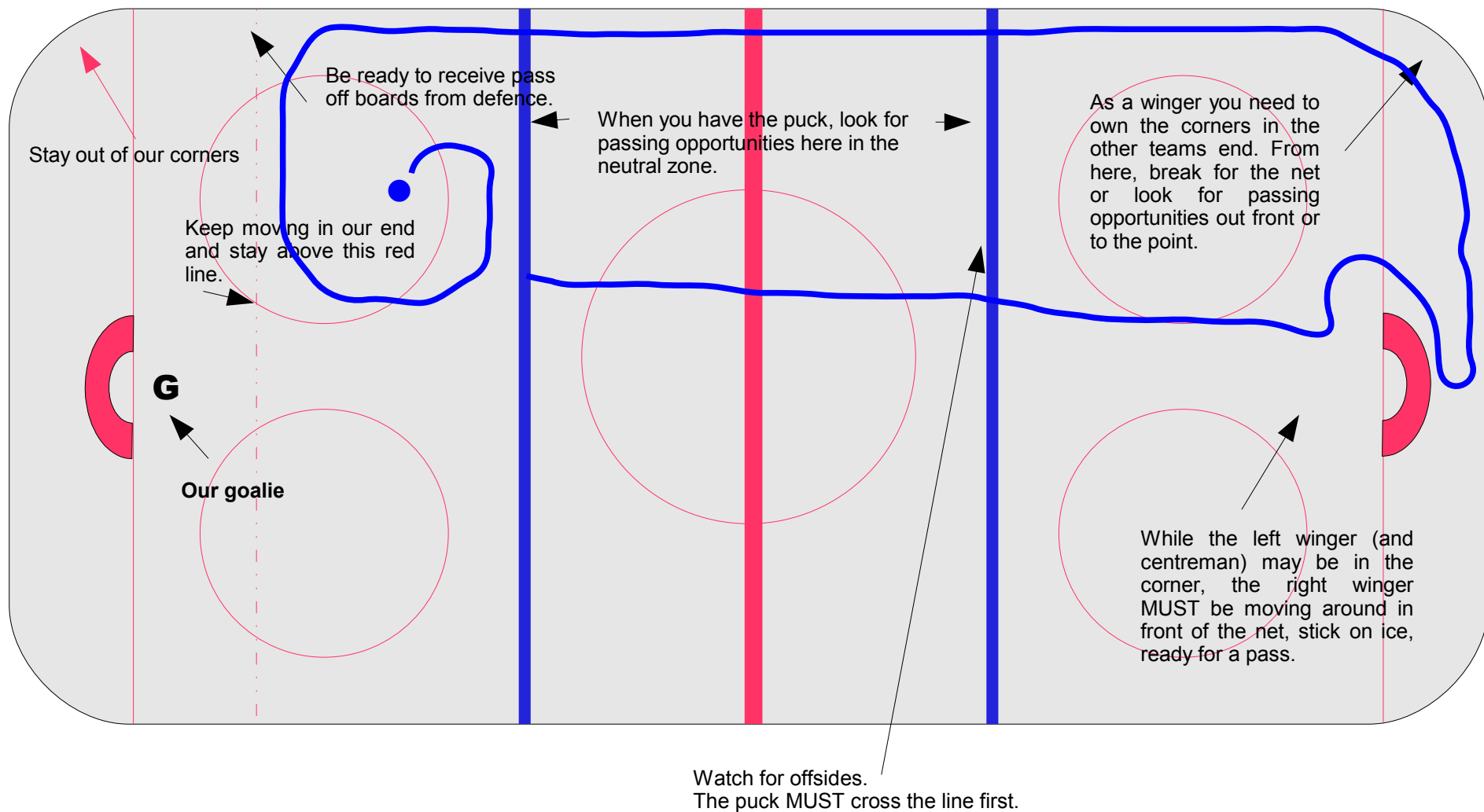


Position – Left Wing



This example shows a left wing drill. Right wing is the same drill but on the other side.