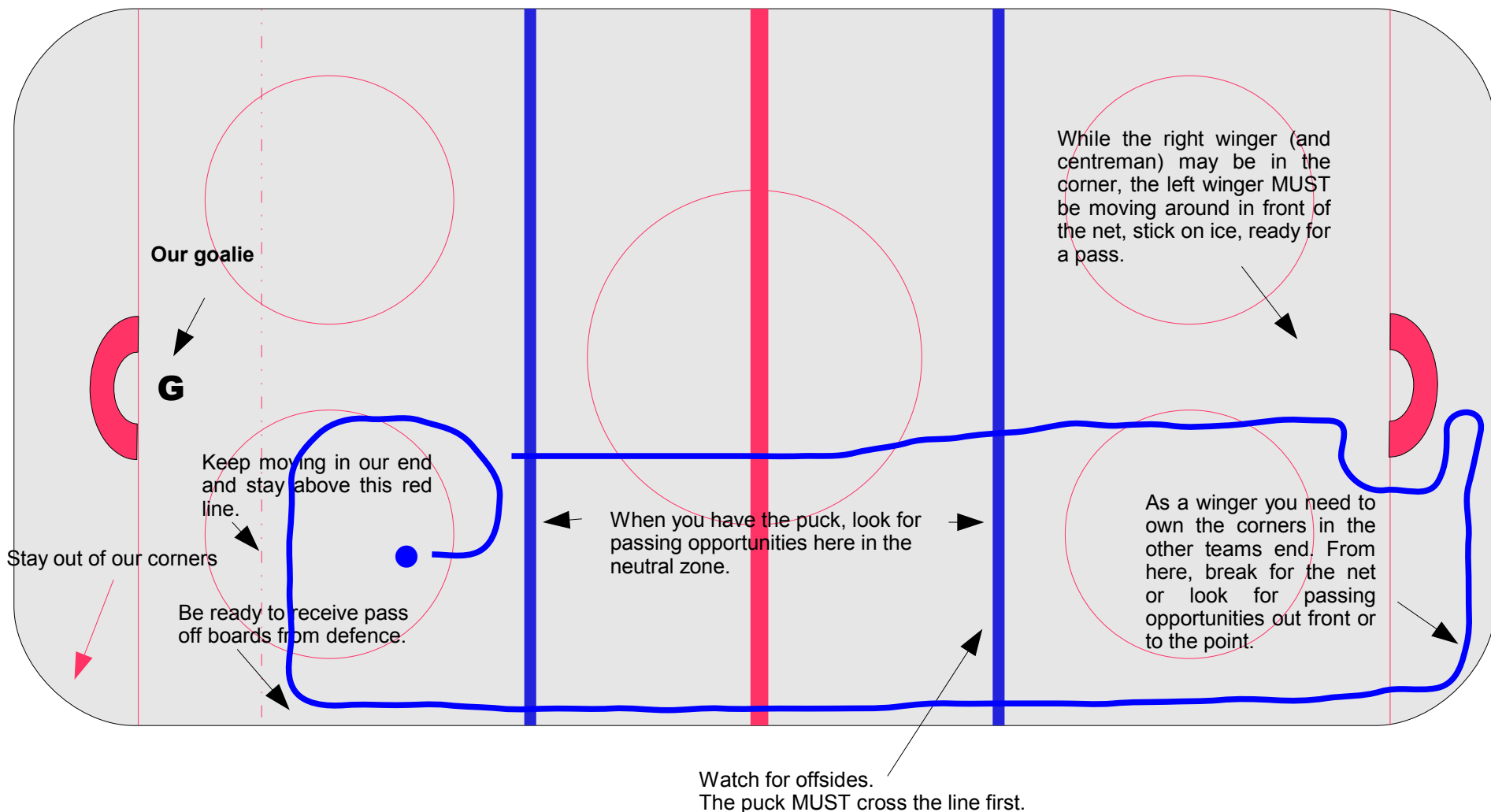


Position – Right Wing



This example shows a right wing drill. Left wing is the same drill but on the other side.